

" Trip to the eddies of the Strait of Messina " - article written by Lise Wille Cholewa (teacher at Fredensborg Aftenskole)

As discussed in Dofnyt, June 2011, Fredensborg Aftenskole has participated in a two-year EU project - Grundtvig Learning Partnership - called SOME (" Soul of the Music Energy ") To come up with such a project, it requires that you complete the application form and along the way there is also a lot of extra work. But with the good experience we had, we did not hesitate to apply again as we were offered to be part of a new project - called ASEA (" Adult and Elderly Sustainable Development Education Alliance ") " Sustainable development " means translated into Danish – "Bæredygtig udvikling"

A concept that was first launched in the Brundtland Report, named after the commission's chairman , the Norwegian Prime Minister Gro Harlem Brundtland. A commission was set up in 1987 by the United Nations to ensure that work on the principles of law that can help to create sustainable development. It considered in particular that economic growth does not have to exhaust the earth's resources. One must work to find innovative solutions. And with technological advances, you can change much for the better.

I had the idea to focus on the topic " stress", presuming that consumers, who are not stressed, have the energy to make choices reflecting on the environment. Recycling is important for the environment, but you can also work on creating less garbage. The non stressed consumer has more energy taking care of the garbage inevitably produced – allowing time for a trip to the recycling center where the waste is sorted and recycled.

Connecting with nature is relaxing and gives life. Enjoying nature is increasing motivation to act in a manner taking care of nature. One must assume that the things you love – like loving nature - you tend taking care of. On a longer term, sustainability is about our very livelihood .

These are issues we bring to our meetings with our partners, in order to exchange views and ideas with one another .

In late April 2013 Fredensborg Aftenskole travelled to Sicily in Italy, This was the second travel in our new project ASEA. On our first travel we went to Paris, but now Sicily was ahead in early spring. In Paris, we discussed, among other things " Common roots ", and we agreed on a logo : μηδέν ἄγαν - this phrase with old Greek letters were inscribed on the temple of Apollo at Delphi , and is translated into Danish " Alt med måde" .

In Sicily we payed a visit the town Taormina with breathtaking views of the Ionian sea - and here we feel the presence of history as we visited a Greek theater, which seems to hover over the blue Mediterranean. What an experience it must have been to be among the audience in the outdoor shows in Ancient Greece.

And then the Strait of Messina - where two oceans meet - the Ionian and the Tyrrhenian Sea. With just three kilometers to Calabria, we have a view to the mainland. A guide who seem grown out of the place tells with great enthusiasm about biodiversity - here are lots of fish! On the way to here the bus had passed lakes, where they grow mussels. It then stalls along the road, which presented these mussels, but also with freshly caught fish from the Strait of Messina, swordfish impressed with great swords , and on the edge of the strait we hear about how the fishermen used to catch this fish from small wooden boats, equipped with a mast from which a man 's task was to shout when a swordfish appeared.

So it is that I am standing here on the grass, with the sea in front of me, that I feel " sucked " from the Strait of Messina. Odysseus feared two sea monsters when he had to cross the strait on the way home to Greece. It was Scylla and Charybdis, giving its name to the phrase " between Scylla and

Charybdis " Without doubt it was just eddies, which can be found here . We stand on the very spot where these myth took place. The colors of the sea, the intense scent of mediterranean vegetation - oleanders, rosemary and plants, I do not know the names on , mixed with the feeling of the warm sea breeze.

Does it make sense in terms of "sustainable development", to take a plane all the way to Sicily? If you believe that contact between people has potential for changing the world to the better, the answer is yes!

When home we are working with the so-called " learners" In Fredensborg Aftenskole is this the blind and partly sighted adults at Blindecenter Bredgaard. I'm giving a course, and together with my husband Martin Wille Cholewa, employed at the Royal Guards Music Ensemble, playing the French horn, we create a concert and also debating sustainable development. The title of our concert is "The good life in words and in music."

Stories flow from us, it will be many hours passing on of experience and experiences. At Easter we are painting Easter eggs - biodynamic eggs blown out and stained with coffee grounds and waste from onions - after this we eat the most delicious omelettes. Annemari Rommedahl - Head of Fredensborg Aftenskole is making imaginary journeys with her learners at the Blindecenter Bredgaard .

After a few days Annemari are having a meeting in order to plan the proceeding of our project. We are very confident due to our positive experiences.

At Christmas time in December we head to Prague. Her we are going to participate in a course on how to recycle wool, among many other activities. In spring, it is Cyprus, and the partners will also visit Denmark. We are looking forward to meeting with partners and " learners " at Blindecenter Bredgaard - and we are looking forward to showing our guests some of the many exciting activities taking place in Fredensborg in relation to sustainable development.